

WEEK OF SEPTEMBER 1

BEMIS BULLETIN BOARD (B3).

Bemis Jr. High School's Newsletter for Parents





Welcome Back *Spartans*




Deadline

SEPTEMBER 5th!!

...Because sometimes accidents happen

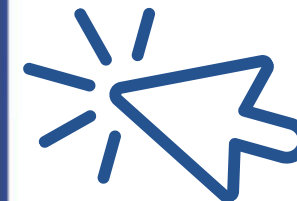


Purchase device insurance
between:
Monday, Aug. 11
and **Friday, Sept. 5**



For more information about an annual \$20 insurance plan to cover
accidental damage to your student's device visit

WWW.UTICAK12.ORG/DEVICE



REMNINDER

If your charger has
white label...
that's for your
name!

KEEP IT CLEAN

Avoid eating and
drinking around your
device.



CHARGE

Regularly, at lunch and
before going to bed.



DO NOT HOLD BY SCREEN!

Ouch x_x



LAPTOP CARE

IMPORANT ROUTINES TO TAKE BETTER CARE
OF YOUR SCHOOL LAPTOP.

SURF SAFELY

Be careful what you click
and download as they
can cause a virus!



UPDATE

At home or before class.



DO NOT ABANDON IT!

Insurance does not
cover lost devices!



REPORT ANY ISSUES

We all deserve a working laptop.
Address to your MOC any concerns such
as stuck keys, glitching, or charging
issues to get it fixed or replaced!





UTICA
COMMUNITY
SCHOOLS

School meals will remain free through early fall of 2025

Utica Community Schools is continuing the free school meals program through early fall of 2025 while the State of Michigan works to adopt a budget by the September 30th deadline.

Families are urged to complete the Education Benefits Form to qualify for discounts on athletics, testing and internet. Completing this form also helps UCS receive state and federal funding that directly benefits our schools. To support your child's school by completing the Education Benefits Form, visit www.uticak12.org/familyportal and click 'apply for benefits.'



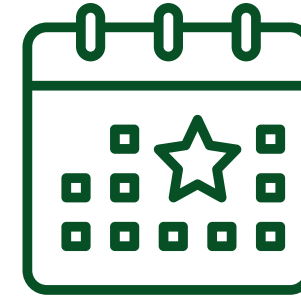
This school year, breakfast and lunch will be offered to all students. Additional food and drink items will be available for purchase. Please follow the link to access the UCS Family Portal at <https://utica.familyportal.cloud/> to add money to your account and for more information.

Food Allergy Form

Students with food allergies that wish to use school meals must have a Special Dietary Needs form filled out and signed by a physician. Forms must be submitted to the office of Food and Nutrition Service. Accommodations can only be made through this form. This form must be updated every year to ensure accuracy. Since all schools have vegetarian options available, parents do not need to fill out a form for this option.

Upcoming Dates

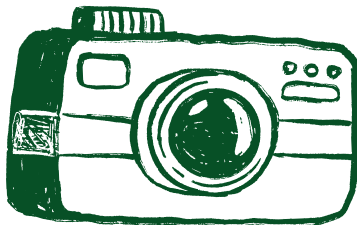
8/29: No School
9/1: No School (Labor Day)
9/5: Last day to get Device Insurance
9/13: Family Wellness Fair
9/17: No School



ORDER YOUR BEMIS YEARBOOK TODAY!

Order online at: jostensyearbooks.com

Make checks payable to: Bemis Jr. High
Price starting @ \$38.00 + tax



School Pictures

School ID Code: 2526BEMISJR
Click [HERE](#) to order online

Make-Up Day: 9/15/25

Re-Take Day: 10/15/25

BELL SCHEDULE

Doors open 7:30am
Breakfast 7:30 - 7:45am
Students to lockers 7:45 - 7:55am

- 1st Hour 7:55am – 8:53am
- 2nd Hour 8:59am – 9:55am
- 3rd Hour 10:01am – 10:57am
- 4th Hour 11:03am – 12:42pm
- 5th Hour 12:48pm – 1:44pm
- 6th Hour 1:50pm – 2:46pm

End of the day buses depart 7 minutes after the dismissal bell.

LUNCHES

Bemis runs 3 lunches a day, all which occur during 4th hour. This means that you'll go to lunch with your 4th hour teacher. So, if your 4th hour teacher has A lunch, you'll go to lunch first and then go to class. If your teacher has B lunch, your lunch will split up class. So, you'll go to class first, then eat, and then go back to class. If your teacher has C lunch, you'll go to all of your 4th hour first, and then go to lunch.

BEMIS LUNCH SCHEDULE

A Lunch

Lunch from 11:03am – 11:34am
Class from 11:40am – 12:42pm

B Lunch

Class from 11:03am – 11:34am
Lunch from 11:40am – 12:05pm
Class from 12:11pm – 12:42pm



C Lunch

Class from 11:03am – 12:05pm
Lunch from 12:11pm – 12:42pm





Scan the QR code to read the REQUIRED informational packet and REQUIRED sign up for tryouts!

BEMIS JUNIOR HIGH

**CHEERLEADING
TRYOUTS**

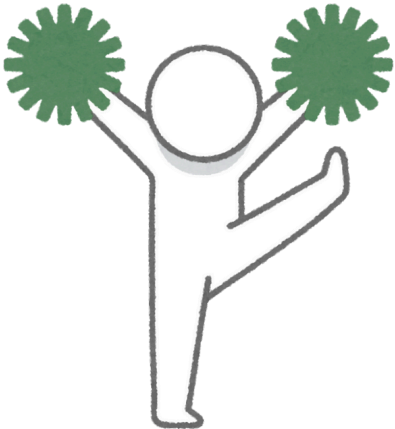
Learn to stunt, tumble, jump and lead a crowd! No experience required!

SEPT 3RD 5:00-7:30

TRYOUT CHECKLIST

- ✓ Read the informational packet
- ✓ Sign up for tryouts
- ✓ have an updated physical uploaded and approved online in Big Teams.

Questions? Contact Coach Theresa De Benedetti
(theresadebenedetti@gmail.com)



Bemis Spirit Wear



- 1. pick item you love
- 2. click on **Choose Design**
- 3. optional add name/#

CHANGE TO BULK ORDER

Gildan Softstyle CVC Tee
\$13.50

Choose Design*
Choose Design*
FULL FRONT LOGO - CHEER
FULL FRONT LOGO - FOOTBALL
FULL FRONT LOGO - BEMIS
FULL FRONT LOGO - TRACK & FIELD
FULL FRONT LOGO - BASKETBALL
FULL FRONT LOGO - VOLLEYBALL

NAME (\$7.00)

NUMBER (\$7.00)





FAMILY WELLNESS FAIR

HENRY FORD II HIGH SCHOOL

Join us for the Utica Community Schools Family Wellness Fair, a fun-filled event for the whole family!

This event is FREE and open to the public to receive valuable information on social-emotional learning (SEL), physical health, and food and nutrition resources at interactive booths.

It's the perfect way to invest in your family's well-being!

- ✓ Over 30 Vendors
- ✓ Kid's Zone with Hands-On Activities
- ✓ Healthy Treats and Giveaways

SATURDAY, SEPTEMBER 13
10AM-1PM



 www.Uticak12.org/UCS_wellness

 **UTICA COMMUNITY SCHOOLS**

Make **SMILES**
Happen.

Become a
BUS DRIVER.



 **UTICA
COMMUNITY
SCHOOLS**

 Uticak12.org/driverseat  Monique.Potts@Uticak12.org  (586) 797-7113

Walk In Wednesdays. Click [HERE](#) for more info.
Starting pay for UCS bus drivers is \$21/hr! 🚌 Not able to
join for walk-in hours? Call (586) 797-7113 or email
Monique.Potts@Uticak12.org to schedule an interview
outside this timeframe!

Click [HERE](#) to See Postings for all
available UCS Jobs.




**UTICA
COMMUNITY
SCHOOLS**

Afterschool Enrichment




Future Falcon



What Awaits Future Falcons?

"Future Falcons should look forward to joining a school where family comes first. At Henry Ford II, we believe in Empowering Excellence in Everyone, providing opportunities to grow academically, discover your passions, and achieve greatness, whether it's excelling in the classroom, performing on stage, or competing on the field. Together, we soar!"



Lori Singleton
Principal

What would you tell Future Falcons?

"The dedication of our teachers and the achievements of our classmates, both academically and in extracurricular activities make me proud to be part of such a vibrant school."
- Josh Houston, HFII Senior

Points of Pride


- Michigan and National Blue Ribbon Exemplary School
- Honored nationally in such areas as national merit, career and technical education, advanced placement, film, music and Milken family foundation for the nation's top teacher
- One of the most academically challenging schools in the United States by the *Washington Post*
- Newsweek Magazine* honored school as among the top ten percent in the nation for providing student experiences in science, technology, engineering, and Mathematics (STEM)
- Among the highest level of achievement at local, state and national level

What Makes a Falcon?

- Resilient** – Falcons overcome challenges with strength and determination.
- Compassionate** – Falcons care deeply about each other and their community.
- Innovative** – Falcons think creatively and explore new possibilities.
- Determined** – Falcons are focused on their goals and work hard to achieve them.
- Respectful** – Falcons treat others with kindness, fairness, and dignity.
- Curious** – Falcons embrace learning and seek knowledge in every opportunity.
- Empowered** – Falcons take initiative and inspire those around them to excel.

Sucess in the school

- Associate principal Anthony Tocco was selected among 12 statewide to be a part of Michigan Leadership for Equity and Transformation as a fellow.
- Past graduate Jaden Rosenberger earned a silver medal in 2024 Scholastic Art and Writing competition.
- Two seniors have been awarded with scholarships \$100,000 or more to attend the College of Creative studies located in Detroit, Michigan.





UTICA-FRASER UNIFIED VARSITY HOCKEY

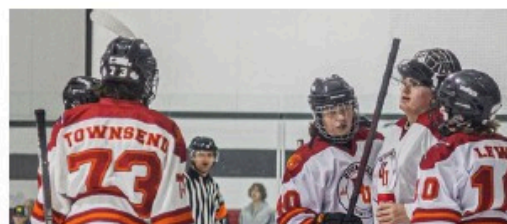


PROGRAM OUTLINE

AUGUST 2024

The Utica-Fraser Varsity Hockey program operates on a meticulously planned 12-month schedule designed to optimize player development, team cohesion, and competitive performance. The program is divided into four seasons: Spring, Summer, Fall, and Varsity.

Throughout the comprehensive 12-month program of Utica-Fraser Varsity Hockey, players undergo rigorous training and competitive play to optimize their skills and performance on the ice. With approximately 96 practices, spanning from skill refinement sessions to strategic drills, athletes are finely tuned for success. Complementing these practices are roughly 32 strength and conditioning workouts, ensuring players maintain peak physical condition year-round. Across approximately 63 games, players have ample opportunities to apply their training in real-game scenarios, honing their abilities and fostering team cohesion. This holistic approach to player development underscores the program's commitment to excellence, teamwork, and continuous improvement, laying the groundwork for success both on and off the ice.



VARSITY SEASON: NOVEMBER - FEBRUARY

The Varsity season [November-February/Early March] marks the pinnacle of the program, characterized by intense training, rigorous competition, and a focus on achieving success on the ice. With three practices per week and weekly strength and conditioning workouts, players undergo comprehensive preparation to excel in the 27-game regular season and playoffs.

In addition to on-ice performance, the Varsity season incorporates off-ice activities such as fundraisers, charity events, and community engagements, fostering team bonding and instilling values of sportsmanship and giving back to the community.

Throughout the year, the coaching staff works closely with players to assess individual progress, set goals, and provide guidance for improvement. The program's holistic approach to player development ensures that athletes not only excel on the ice but also grow as individuals, embodying the principles of teamwork, discipline, and perseverance.

SEASONS

SPRING - APRIL & MAY

During the Spring season, the team welcomes new players interested in joining the Utica-Fraser Family. Our spring program focuses on maintaining player fitness and skill development through weekly practice sessions and team workouts. Approximately 8 games are scheduled during this time, providing opportunities for players to apply their skills in a competitive setting and build team chemistry.

Spring hockey is coached by our off-season coaching staff, who has been involved with the program for that last several years. This gives us a smooth transition as we progress from season to season.

SUMMER - JUNE & JULY

As the Summer season unfolds, the intensity ramps up with bi-weekly practices and twice-weekly strength and conditioning workouts. Up to 15 games are played during this period, allowing coaches to assess player progress and team dynamics while continuing to refine skills and tactics.

Summer hockey is coached by the varsity coaching staff – Evan Gizinski, Steve Erwin and Jake Gammicchia.

FALL - SEPTEMBER & OCTOBER

Heading into the Fall season, the team increases practice frequency to three or more sessions per week. With a greater emphasis on game preparation and competition, more games are played than in other seasons. This period serves as a critical ramp-up for the upcoming varsity season, with players competing for roster spots and honing their skills for the challenges ahead. Players will receive personalized Utica-Fraser Unified jerseys for the fall hockey season.

Fall hockey is coached by our off-season coaching staff. Once again, ensuring a smooth transition throughout seasons so our program is always moving in the same direction.

>>> UTICA-FRASER HOCKEY

FREQUENTLY ASKED QUESTIONS

August 2024



>>> WHAT ARE THE FINANCIAL EXPECTATIONS



Utica-Fraser Varsity Hockey's 12-month program stands out as one of the most affordable high school hockey options, priced at around \$4,000. The program offers comprehensive training and competition, including approximately 96 practices, 32 strength and conditioning workouts, and 63 games over the 12 months. With a focus on skill refinement, strategic drills, and physical conditioning, players are primed for success on and off the ice. From intense Varsity season playoffs to community engagements and charity events, athletes develop both as skilled players and disciplined individuals that will prepare them for the next chapter of their lives.

>>> WHERE ARE THEY NOW?

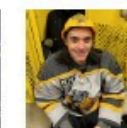
Since 2018, the Program has moved on alumni that have achieved remarkable success, advancing to higher levels of play and institutions. Many have transitioned to collegiate hockey, joining esteemed programs such as Oakland University, Rochester College, Northern Michigan, Michigan State University, Adrian College, Cleary University, and University of Michigan Dearborn. Others have pursued opportunities with elite junior teams like the Metro Jets and Motor City Gamblers. The program's impact extends beyond the ice, fostering lasting connections among alumni who return to participate in the annual alumni game over Christmas break. These achievements reflect the program's commitment to developing not only skilled athletes but also successful individuals.



Max Harwood (2016)



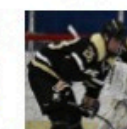
Zach Robert (2018)



Anthony Althaus (2017-2018)



Austin Ferth (2017-2018)



Ryan Kozich (2017)



Trevor Townsend (2019-2020)

>>> WHY UTICA-FRASER HOCKEY?

As a part of the Utica-Fraser Unified program, players are a part of more than just a hockey team. By uniting athletes on the same team, the program creates a supportive environment where everyone can thrive. Through shared experiences on ice or in the locker room, participants develop lifelong friendships, build self-confidence, and learn valuable lessons in teamwork and discipline.

Wearing the Utica-Fraser crest symbolizes pride, unity, and a commitment to upholding the values of sportsmanship, excellence, and teamwork both on and off the ice.

Utica-Fraser Varsity Hockey is deeply committed to giving back to the community, partnering with organizations like The Rainbow Connection, Wounded Warrior Project, Michigan Flyers, The Refuge, Cancer Awareness, Operation Believe, and many others. Through fundraisers, charity events, and volunteer initiatives, players actively support causes that make a difference in the lives of others. From hosting awareness campaigns to participating in fundraisers, the team exemplifies the values of compassion and community involvement.

Our dedication and commitment to giving our players life-lasting memories is what separates high school hockey from other youth leagues.

TO JOIN THE UTICA-FRASER HOCKEY FAMILY, PLEASE CONTACT HEAD COACH EVAN GIZINSKI - GIZINSKIE@GMAIL.COM



The UCS Wellness podcast is a resource created by Utica Community Schools, a K-12 school district located within Macomb County, Michigan. With a focus on physical, mental and social health, UCS Wellness serves as a health hub for students and their families, as well as the community as a whole.





- The first U.S. Labor Day was celebrated on Tuesday, September 5, 1882 in New York City, planned by the Central Labor Union.
- Oregon was the first to declare Labor Day an official holiday in 1887.
- Labor Day is considered the ‘unofficial NFL season kickoff.’ 99.44 percent of the time, the NFL plays its first official season game the Thursday after Labor Day.
- The first Waffle house opened on Labor Day. In 1955, in Avondale Estates, GA, the very first Waffle House opened its doors to the public.
- What are we celebrating? The contributions and achievements of the 155 million men and women who are in the U.S. workforce.

Monday		
Tuesday		
Wednesday		
Thursday		
Friday		



Check us out and like us on FB, IG & YT to stay up to date on happenings at Bemis Junior High School. Click the pic to be taken to our pages.



Keep up to date with all Bemis events on our website **CALENDAR**. Club meetings, sporting events, spirit days, days off, conferences... As soon as information is available it is updated on the website calendar.



The Lost and Found is located in the cafeteria near the PitStop. Please take a moment to look for your lost items.

You are to read Student Responsible Use agreement that appears when you log on to the laptop.

THIS LAPTOP DEPLOYED TO YOU IS FOR SCHOOL USE ONLY
DO NOT USE IT FOR PERSONAL COMMUNICATION OR PERSONAL USE
DO NOT LET ANYONE ELSE USE OR LOG ON TO THIS LAPTOP!
DO NOT USE TEAMS OR ANY APP TO CHAT OR CALL ANY FAMILY MEMBERS OR
OTHER STUDENTS
IF YOU ARE NOT USING IT FOR SCHOOL WORK, THEN YOU ARE NOT USING IT AT ALL.

DO NOT USE SCHOOLOGY OR EMAIL TO SEND PERSONAL MESSAGES -THESE TOOLS
ARE FOR SCHOOL USE ONLY
DO NOT ADD ANY APPS, VPN'S, GAMES, EXTENSIONS, ETC.
DO NOT ACCESS YOUR PERSONAL SOCIAL MEDIA ON THIS LAPTOP
DO NOT ADD ANY APP OR TOOL UNLESS APPROVED BY ONE OF YOUR TEACHERS
This means no games, no ZOOM, no Discord, no private chat accounts, ETC.
DO NOT USE ANY ARTIFICIAL INTELLIGENCE APP OR ACCESS ANY SITE TO ACCESS AI
CHAT GPT, ELSA, GOOGLE ASSISTANT, AMAZON ALEXA, LENSEA, ASK AI, YOU CHAT,
ETC.
ARE NOT USED FOR SCHOOL PURPOSES AND SHOULD NOT BE ACCESSED

PLEASE REMOVE ALL PROFILE PICTURES
You have 6 teachers and they do not want to see anime, celebrities, characters,
cars, pets, objects, etc.
You do not need a profile picture but if you do want one, it MUST be of your face
only.

DO NOT CHANGE ANY SETTINGS -VERY IMPORTANT!
The laptop is set up accordingly for you to use for schoolwork only.
Charge your laptop EVERY night so it is ready for the next day.
IF YOU FORGET TO CHARGE IT OVER NIGHT, BRING YOUR CHARGER WITH YOU.
DO NOT LOAN OUT YOUR CHARGER, IF IT GOES MISSING, YOU HAVE TO PAY \$38 TO
REPLACE IT.
You only receive one at no cost as that has to be returned when you leave Bemis.

IMPORTANT IF YOU HAVE ANY ISSUES AT ANY TIME WITH THE LAPTOP OR YOUR
CHARGER,
PLEASE ASK TO SEE MRS. BROWN AS SOON AS YOU NOTICE AN PROBLEM
Her office is in the Media Center (8:00-2:30 daily).
You can reach her by email at nicole.brown@uticak12.org Or send a message in
Schoolology.





OK2Say is a nationally recognized program designed to enhance school safety by giving students the tools to step up and speak out when they are concerned about their safety or the safety of another. The OK2SAY student safety program provides a confidential way to file tips on criminal activity or potential harm directed at students, school employees, and schools.

Tips can be submitted 24-hours-a-day, 7-days-a-week.

- Telephone: 8-555-OK2SAY (855-565-2729)
 - Text: 652729 (OK2SAY)
 - Email: ok2say@mi.gov
 - Website: ok2say.com
- OK2SAY Mobile app: Available in the Apple Store or Google Play.

OK2SAY tips have helped thousands of students and saved many lives because students are stepping up and speaking out when they are concerned about a friend or peer. There are 31 tip categories to choose from when submitting a confidential tip. Most tips were related to bullying, cyberbullying, self-harm, anxiety, stress and depression, and suicide. Other top tips include drug/alcohol use, weapon possession, or assault.

Upon receipt of a tip, specially trained OK2SAY technicians address the immediate need and forward the information to the appropriate responding law enforcement agency or organization. Tips go to schools, local law enforcement agencies, community mental health agencies or the Michigan Department of Health and Human Services.

To ensure tips are acted upon, agencies receiving tips are asked to submit outcome reports detailing how the tip was handled. Annual reports on the program's impact detail the types and numbers of tips handled. Annual reports are available on the OK2SAY website.

More information is available on the
<https://www.michigan.gov/ok2say/about>

Attendance Intervention

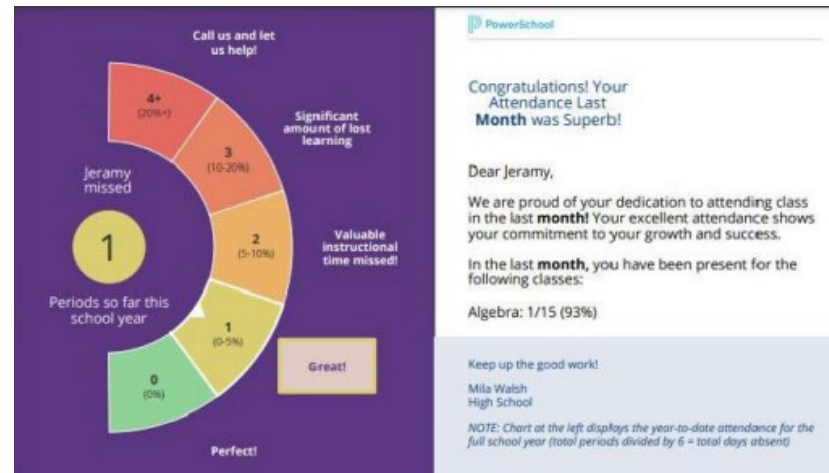
Dear Parent or Guardian,

I am writing to inform you about an exciting new program we implemented on May 1, 2025. To enhance communication regarding student attendance, we will be utilizing Attendance Intervention, a PowerSchool product designed to streamline updates and alerts for families. With Attendance Intervention, you will receive text messages and email alerts directly from teachers and school leaders, keeping you informed about your child's attendance in real time.

What makes Attendance Intervention unique?

- **No Login Required:** Messages will automatically be sent to the phone number and email address the school has on file for you.
- **Direct Communication:** Each message will come from a unique phone number associated with the sender. This direct line allows you to easily save the sender's number in your phone and reply directly to them, if desired.
- **Absence Alerts:** Families will be notified if a student is absent from school in a timely fashion.
- **Say Goodbye to Language Barriers:** Attendance Intervention translates text and email messages into more than 90 languages, based on the preferred language on file.

You will receive a digital postcard as an attachment to the email message. It will look like this:



This new form of communication will be modified and adjusted, if needed, during the remainder of the current school year. We are confident that this program will enhance communication and ensure we are all working together to support our students' successes. If you have any questions, please don't hesitate to reach out to the school office.

Thank you for your continued partnership in your child's education.

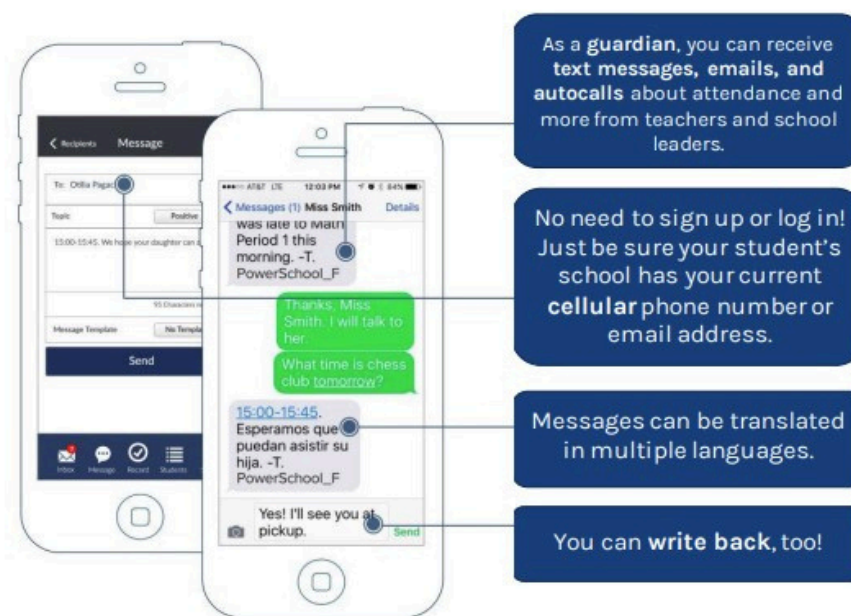
Sincerely,

Thomas Yaw, Bemis Junior High School, Principal



Unified Operations Attendance Intervention Suite & Communication

The all-in-one solution for improving communication between school and home.



These messages may be about:



Attendance



Homework & Assignments



School events & More

To opt out, write STOP to a text message or press # 1 via autocall. You may also contact your student's school.



www.PowerSchool.com | 1-800-409-1442

Have questions or concerns, just ask UCS!
<https://bit.ly/3W6LbPP>



JUST ASK US

QUESTION

I have been reading about layoffs in other communities as a result of the loss of COVID Relief funds. Will Utica Community Schools be laying off any employees this spring?

ANSWER →

UCS **UTICA COMMUNITY SCHOOLS**



JUST ASK US

ANSWER

No. The COVID relief funds were used to add a number of needed support positions in our district, including increasing the number of social worker positions in UCS. Through strategic financial management, and despite the reduction of one-time only COVID funding, the district will retain all positions and there are no layoffs for any employee group for the 2024-25 school year.

UCS **UTICA COMMUNITY SCHOOLS**

Download the UCS App



UCS is pleased to introduce its new mobile App. Simply download it from the App Store <https://apple.co/3OQx6St> or Google Play <https://bit.ly/3qiygNv> to get all the latest updates from UCS and your favorite school!

Dress Code

Bemis follows the dress code located in the [Parent and Student Handbook](#). This dress code does differ from the elementary school dress code. Student conduct is affected by student dress. Bemis strives to maintain a comfortable learning environment and our staff appreciates parental support in guiding appropriated dress for school. Students not conforming to the district code will have to call home for a change of clothing or wear a clean t-shirt and/or sweatpants provided by the school for the day.

Junior High School Parent and Student Handbook

The Utica Community Schools Parent-Student Handbook serves as quick references for families seeking answers to school policies, procedures and district activities. UCS Handbooks are published for elementary, junior high and senior high schools. Each handbook is created with student learning and parent partnership in mind. You are encouraged to download a copy and find the answers you seek at your leisure. Save a copy for future reference or go back and visit again. Remember: Handbooks are updated each year. Please click here to find the [2024-2025 Handbook](#).

PowerSchool

Parents and students can view their student's schedules, attendance and grades. [Click here](#) to access the PowerSchool Portal. Parents with multiple UCS students can now create an account to access all of their data with a single login. Parents will need the access ID and access password for each student. [Click here](#) for helpful instructional guides. Access IDs and passwords follow students from year to year. Please contact the main office with any questions.

Bemis Attendance Line

Parents are reminded to call the school attendance line, **586-797-2599**, to report their child's absence or tardiness. In order to be excused, all late/tardy students must be called in by a parent. A doctor's note must be provided to excuse late/tardy arrivals. Bemis Attendance line is available 24 hours a day. All late arrival/tardy students must report to the Main Office upon arrival to receive a late pass. If your child is absent and we have not received notification, we will call the parents.

Early Dismissal

Students who need to be excused during the school day should bring a signed note from their parents to the Main Office before school begins that morning. The note should include the date, time, and reason for dismissal as well as who will be picking the child up. By doing this, we keep classroom disruptions to a minimum as well as have your child waiting for you in the Main Office when you arrive. **PLEASE NOTE: Anyone signing a student out, must show identification and that person must also be on the students' contact list.** Students will not be released to anyone that is not listed on the contact list.

Homework Requests

Homework requests are not accepted until the third consecutive day of absence. You may request your child's homework on that third day by emailing your child's teacher. You can find a list of email addresses by clicking [here](#).

Use of Electronic Communication Devices is Prohibited

The personal use of cell phones or other electronic communications devices (ECD) by students is prohibited at any time while in school or in a district vehicle. Students may carry ECDs during the school day, but they cannot be displayed or used without permission from a teacher or administrator for educational purposes. Personal use of the device shall be limited to the time before and after the school day and only when students are outside the building. ECDs shall not be used during instructional time, lunch, passing time between classes or on any school bus without permission of a school official. The use of an ECD's picture-taking or internet connection capability is not permitted without permission of a teacher or administrator. Utica Community Schools will not be responsible for the theft, loss or damage of any ECD. Appropriate disciplinary action will be taken against students who violate the policy regulating ECDs.

If a student's ECD rings/vibrates during the school day, the ECD will be confiscated and must be picked up in the main office by the student's parent. Should this occur a second time, the student will receive a one-day suspension. If a student uses an ECD anytime inside the school, the ECD will be confiscated and the student will receive a one-day suspension.

All school meal menus are digitally accessible on all devices allowing for personalized viewing options. Users can select to view nutritional and allergen information, as well as customize print and language settings. Menus can be viewed at <https://uticak12.nutrislice.com>

Concussion Awareness

As part of a new state law, all UCS and Michigan parents will receive information about concussions, their symptoms and what to do if you suspect a concussion. All athletes are required to have this form completed and on file in the Main Office prior to participating on any sports teams. Click [HERE](#) for the concussion form.

Body Spray

Bemis Junior High has several students and staff members who have allergic reactions to strong perfumes, after-shave and men's cologne. The reactions range from mild to severe headaches that can result in nausea and being sent home from school. In addition, strong perfume smells can trigger asthma attacks. Junior high is filled with a variety of smells ranging from strawberries to old spice. When those smells dominate the hallways, problems do occur. We are asking students to put on your favorite fragrance once in the morning before school. Please do not bring in bottles and sprays of cologne, after-shave and perfume to re-apply throughout the day.

Recycle for Charity at Bemis

Look for the Disabled American Veterans (DAV) Donation Bin, located in the receiving driveway on the east side of Bemis Junior High. All items will go to the Disabled American Veterans, a non-profit organization located in Westland. Tax receipts can be found in the office. Donate your gently used clothes, shoes, toys, and small house appliances. DAVThriftMichigan.com

Kroger Plus card

Did you know that you can not only earn points for yourself, but you can also earn points for our school? How? It is easy! Just shop at Kroger and link your Plus Card to Bemis Jr.High. Click on link for more information [Kroger Community Rewards](#)

